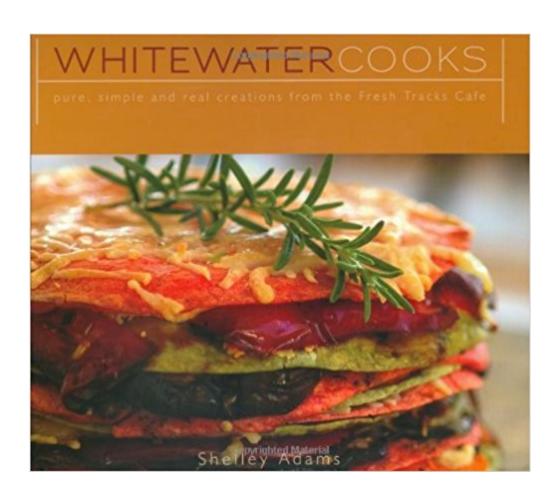


The book was found

Whitewater Cooks: Pure, Simple And Real Creations From The Fresh Tracks Cafe





Synopsis

Great recipes from a celebrated resort. Whitewater Resort in the Canadian Rockies is renowned for its spectacular scenery, deep snow and Fresh Tracks Cafe. Despite constant pleading from customers, recipes for dishes made famous there were as unattainable as snowflakes in July. Even the cafe staff was sworn to secrecy. Now, Whitewater Cooks opens the kitchen doors. With this eagerly anticipated book, home cooks can re-create chef Shelley Adams' signature dishes. Readers will enjoy over 70 recipes from the cafe's selection of top sellers -- from warming soups to desserts -- indulging in such culinary favorites as: Whiskey-smoked salmon chowder Ymir curry bowl Whitewater veggie burger Runaway train wrap Peppercorn, brandy and gorgonzola sauce Crackle top snowy mountain cookies Whitewater brownies. Whitewater Resort is internationally recognized for its alpine scenery and the fine quality of its food. Now home cooks everywhere can share its most celebrated dishes.

Book Information

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Cooking by Ingredient > Natural Foods

Customer Reviews

A vibrant menu of savoury and nutritious choices ... delicious recipes .. better than good. This is an ideal winter read... A dynamic array of gastronomic delights.... truly all-star line-up... absolutely stunning... tantalizing recipes... A must-have. -- Staci Rae "Scene Magazine (London, ON)" (01/18/2007)

Shelley Adams, who attended the famous Ecole de Cuisine La Varenne in Paris, spent 15 years as a caterer to the film industry. She and her family are owners of the Whitewater Resort in the

Canadian Rockies where, for the past decade, she has been the creative director and manager of the Fresh Tracks Cafe.

While visiting in Canada, a relative made the Whitewater Vegie Burgers for dinner. I have never tasted any like these before. The book is right when it says, once you eat these you will never go back to ordinary vegie burgers. I had a little trouble grinding up the almonds, but once I figured out how to use my food processor, they turned into powder in no time. The batter even looks like hamburger meat, but tastes nothing like it. We cook the entire batch on the BBQ then froze them for later. I made the Hamburger sauce that goes well with it. That was so easy and so good! I took one to work to give a few friends a bite. They fell in love and had to have the recipe! It was so worth the purchase. And the beautiful colored pitcures are mouth watering, too!

I bought this book based on a single recipe recommendation...but now I am working my way through the recipes every weekend. So far, the recipes have been fantastic! I highly recommend the Smoked Salmon Chowder, and look for the Honey Curry Dressing recipe...try it over roasted beets & salad greens...I love that they suggest ways to use the sauces, not just in one recipe. Love the book!

Admittedly I have not prepared any of the recipes from this cookbook. I just received it a week ago. They may very well be amazing. My review is based on my personal taste in recipes and that alone. Many of the recipes in this cookbook have a long list of ingredients. They look absolutely delicious and I would be happy to order them at a restaurant, but I won't be preparing them at home very often. A few recipes require ingredients that are a bit obscure, like galangal root, garam masala, pappadums. Overall this cookbook seems like one I might pull out a few times a year to make something unique, but not one I would use day in and day out.Cookbooks are difficult to review. Each cook has different preferences. The ones that I'm sharing are just mine. :) It's a beautiful book. And for the right person with the right taste in food it would be a fantastic gift.

A unique cookbook but not for fast or general appetites. Good food if you are willing to take the time to find the ingredients and cook. A great philosophy on food!

one of the best out there, i would give it 10 stars if i could, I live 50 miles from the ski hill, and still never seem to get there, so I cook from the book

Delicious meals and wonderful pictures. The book is well designed and the recipies are easy to follow. We are enjoying the book very much.

Fantastic recipes! Arrived in excellent condition.

this is a wonderful cookbook, especially for cold weather cooks! Lovely photographs, very detailed receipes..not for a fast dinner but really worth trying!

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